Safeguarding and Welfare Requirement:

Health

Providers must take reasonable steps to ensure the safety of children, staff and others on the premises. The provider must promote the good health of children attending the setting

Sun Protection Policy

Policy statement

When the weather is warm and the sun is shing we encourage our children to access the outdoor play spaces as much as possible. However, we are aware that too much sun is not good for the children and we want to ensure that we protect them from skin damage caused by ultra-violet rays and therefore we have devised a procedure to protect the children in our care.

This Policy has been updated in line with current Government Guidance in managing the COVID-19 Pandemic within Early Years Settings (21/05/2020):

https://www.gov.uk/government/publications/coronavirus-covid-19-early-years-andchildcare-closures/coronavirus-covid-19-early-years-and-childcare-closures

https://www.gov.uk/government/publications/coronavirus-covid-19-implementing-protective-measures-in-education-and-childcare-settings/coronavirus-covid-19-implementing-protective-measures-in-education-and-childcare-settings

Procedures

- Sun cream will be provided by the parent/carer.
- Parent/carers MUST ensure that your child's name is clearly printed on the bottle.
- All children are required to have had sun cream applied prior to attending the setting. We will top-up sun cream throughout the day, if required, though the initial application MUST be done by the parents and carers prior to attending.
- Sun cream must have a minimum of SPF of 30 https://www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/
- We recommend that you provide additional protection for your child e.g. a clearly labeled broad rimmed hat (if possible, with neck protection), sunglasses. We recommend that you protect your child's eyes with sunglasses that meet the British Standard (BSEN 1836:2005) and carry the "CE" mark (check the label or ask the manufacturer). SUNCREAM POLICY Reference: CF20 Effective date: 31.08.2012 Page no: 2 of 3 Approved: 31.08.2012 Last revision: May 2020 Revision date: May 2021
- Children must attend in tops that cover the shoulder.
- If children attend the setting in sandals, they must wear socks to protect their feet.
- Staff will apply sun cream accordingly through the day as needed. Staff will wash their hands after each application to minimise risk of cross infection.

- If your child has come into the setting with no sun cream applied, the staff will limit the child's outdoor play for their own protection.
- We will ensure that all staff understand the importance of sun protection and are positive role models to the children in our care by having discussions with the children about their safety in the sun and also wearing suitable clothing, sunglasses and hats.

Please note:

- Children will not be exposed to direct sun for more than 15 minutes at any time.
- We will encourage the children to play in the shade, especially at the peak times which are between 11.00am and 3.00pm.
- Outdoor activities and resources will be organised to allow children to play in shadier areas.
- Never look directly at the Sun, even with sunglasses. The human eye is not made to look at an object that bright. It is so bright it could easily blind you in just a few seconds.
- The Sun is about a million times brighter than a household light bulb.
- The Sun also emits harmful ultraviolet (UV) radiation, which can damage your skin and eyes. In fact, any tan is a sign of damage to your skin!
- Sunburn may hurt for a while but damaging your skin over many years can cause many problems, including skin cancer. That is why you should always wear sunscreen of SPF 15 or higher when you will be out in the Sun for more than a few minutes. This applies even for cloudy days - though not as bright as sunny days, much of the harmful UV light still comes through.
- To help protect your eyes, use sunglasses that filter 100% of UV light. When you buy glasses, check for labels that say 100% UV Protection. People who don't protect their eyes when they are young run the risk of loss of sight when older, including getting cataracts.

Further guidance

https://www.eyalliance.org.uk/how-be-sun-safe

https://www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/

This policy was adopted by	Noah's Ark Playgroup	*(name of provider)*
On	June 2021	*(date)*
Date to be reviewed	June 2022	*(date)*
Signed on behalf of the provider		
Name of signatory	Helen Butler	
Role of signatory (e.g. chair, director or owner)	Manager	